Fall/Winter 2007

Keep Campbell Beautiful

Campbell County Litter Abatement and Clean-Up Date Set

The Campbell County Fiscal Court will once again host a Fall Litter Abatement and Clean-up event for all Campbell County residents. This year's Fall Litter Abatement and Clean-up will be held on October 26, 27, and 28 between the hours of 8 am and 6 pm. Litter and general debris will be accepted at three locations: the Campbell County Police Station off U.S. 27, Pendery Park off Route 8 in Melbourne, and the Campbell County Transportation Center on Racetrack Road in Alexandria. Liquids will not be accepted at any site!

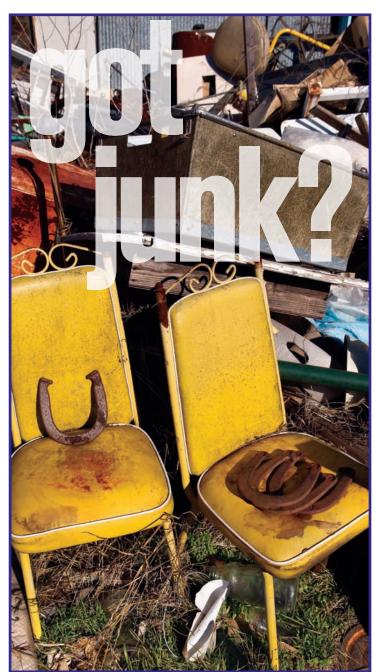
The Campbell County Police Station and Pendery Park locations will only accept litter and general debris that may have accumulated over the year in your house, barn, or garage. The Campbell County Transportation Center will not only accept litter and general debris, but also scrap metal, appliances (including those with Freon), car batteries, tires (limited to four per vehicle), electronics, and empty propane tanks with the valves removed. For more information, call 859/547-1815.

Campbell County Tire Amnesty Offered in September



From September 13-15, Campbell County residents and non-automotive retailers are encouraged to dispose of their used tires at the Campbell County State Highway Garage at 9615 Alexandria Pike. Improperly discarded tires pose environmental and health threats to the community and become havens for mosquito breeding.

Residents may bring tires without limit during these three days. Tires will not be accepted from any automotive or tire retailer. Foam filled tires, off-road construction equipment tires, and solid tires with pressed on rims cannot be accepted. Those with greater than 500 tires should call ahead. For more information, call 859/547-1815.



Transit Authority of Northern Kentucky (TANK)

Save Money — Use TANK

As gas prices have crept higher and higher, many Northern Kentucky residents are looking for alternatives to filling up their gas tanks. One alternative that many people are turning to is TANK. Many of these people have chosen to leave their car at home and TANK it to work. TANK offers many conveniences to commuters:

Commute calculator – Go to www.tankbus.org and calculate how much you can save by taking TANK. Many downtown workers tell us that they save more than \$70 each month just by taking TANK to work instead of driving! That's nearly \$1,000 extra dollars in your pocket each year!

Park and Ride lots - It doesn't get any easier than parking your car in a free lot, hopping on a bus and getting transported to

work without having to hassle with traffic and parking at a busy (and expensive) parking lot.

Schedule information round the clock – www.tankbus. org offers 24-hour access to schedule information. For a more personal touch, information specialists work the 331-TANK phone lines Monday - Saturday to give personalized information about your trip.

Employer Programs – many employers subsidize the cost of bus transportation for their employees as a benefit. The IRS also allows many employers to offer transit as a pre-tax benefit to employees. Check with your HR department to determine if your employer provides these benefits.

Many of your neighbors have already made the switch! Join them leave your car at home!

TANK and NKU Partner to Provide Free Rides for Students

Beginning July 1, NKU students, faculty and staff with a current valid NKU ID card will be able to ride TANK free of charge. Called "U-Pass," the program requires only that the passenger show a valid NKU ID card to their driver upon boarding the bus. Card holders can then ride any route in the TANK system free.



TANK in Campbell County **Routes** Park and Ride

- 11 Ft. Thomas (NKU)
- 12 Dayton
- 16 Grand Towers/St. Luke East/Carmel Manor
- 20 South Newport
- 23 South Bellevue
- 25 Alexandria (NKU)
- 25X Alexandria Express
- 26X Grants Lick Express Southbank Shuttle

Locations

- Alexandria Park and Ride (25X/26X)
- Cold Spring (25, 25X, 26X)
- Grants Lick Park and Ride (26X)
- Newport Shopping Center
- Village Green Shopping Center (25X, 26X)



TANK

Information Line: 859/331-TANK www.tankbus.org



District Staff Tracking Pollutants in Waterways



During this summer season, Sanitation District No. 1 staff, along with their consultants, will be taking samples from Northern Kentucky

rivers and creeks to identify what types of pollutants are running through them. Pollutants can enter our waterways through various sources such as storm water runoff, failing septic systems, agriculture and sewer overflows.

Samples will be gathered during wet-weather events of varying rainfall amounts in three key watersheds this year. Data collection will typically begin at hour "zero" (preferably right before the storm begins) and continue over a 48-hour period. Data will then be collected at hours two, four, six, eight, 12, 24, 36 and 48 to see how pollution changes as

the creeks rise and fall. Even with the abnormally dry season that we have endured, District staff are working diligently alongside their consultants to conduct sampling.

In addition, samples will be taken during dry weather at 75 sites throughout Northern Kentucky once a year over the next three years. After analyzing the collected data, the District will be better equipped to determine what type of pollution is present in the streams, and to what extent repairs to the sanitary and storm sewers in each area would improve water quality.

"Smart" Partnership between Sanitation District and EPA

The U.S. Environmental Protection Agency (EPA) has named Sanitation District No. 1 (the District) as one of the recipients of its 2007 Smart Growth grant. While most grants generally award money, this one is a little different. It will provide the District with technical assistance from expert consultants to help Northern Kentucky sustain economic growth without compromising water quality in the process.

Northern Kentucky is a rapidly growing community with several new and redevelopment projects either currently under construction or planned for the near future. In the river cities, where the area's aging combined sewer system (a system of pipes carrying both storm water and sewage) frequently overflows during rain events, these developments can add more storm water to a system already at or near capacity.

The District is researching several new storm water best management practices, referred to as green infrastructure, which could reduce the amount of storm water runoff generated by development. These approaches, which include technologies such as grassed and vegetated swales, rain gardens, vegetated streetscapes, and green roofs, allow the environment to manage water naturally through infiltration and vegetative uptake.

The EPA's technical assistance provided to the District through this grant will help identify which of these best management practices are most effective in this region. In addition, the experts will aid in developing new policies or regulations that would encourage the use of green infrastructure. To view the official EPA press release announcing Sanitation District No.1 as a recipient of this grant, visit us on the web at www.sdl.org.

Eastern Regional Plant Opening



Construction of the new Eastern Regional Wastewater Treatment Plant is nearing completion. Sanitation District No. 1 is looking forward to a September start-up date for the new plant, which will serve portions of Southern Campbell County.

Sanitation District No. I

1045 Eaton Drive Fort Wright, KY 41017 phone: 859/578-7450

Hours of Operation:

Monday-Friday, 8 am-4:30 pm

www.sd1.org

www.sd1.org

NKWD President Wins Prestigious Award



Ron Lovan

President and C.E.O. of the Northern Kentucky Water District (NKWD), Ron Lovan, has accepted a prestigious award — Professional Accomplishment Award for an Engineer in Government — from the Engineers and Scientists of Cincinnati (ESC). The group annually recognizes significant

contributions of individuals in Greater Cincinnati's engineering and scientific community. Founded in 1888, ESC is a group of professionals serving the Greater Cincinnati area through education and public awareness programs, and as industry and government spokespersons on key issues facing the communities we live in.

Lovan is focused on providing a safe, clean water supply through infrastructure improvements and has a strong commitment to excellent drinking water quality. Specifically, he has directed NKWD through the planning, financing and implementation of several operational and treatment system enhancements; the acquisition and merger of the Newport and Taylor Mill water systems; and the purchase and

remodel of a 23-acre, 100,000 square foot, consolidated facility. The district has earned several notable awards under his leadership, including the 2005 Gold Award for Competitiveness Achievement presented by the National Association of Metropolitan Water Agencies.

"I'm especially proud to accept this award because it comes from my professional peers," said Ron Lovan, NKWD President and C.E.O. "I would also like to thank the many people I have worked with during my career who have helped to make this possible."

Ron Lovan took over as President and C.E.O. of NKWD in 2001, making him the head of the largest water district in the state of Kentucky. Northern Kentucky Water District (NKWD) serves approxi-

mately 80,000 customer accounts, or approximately 300,000 people in Campbell and Kenton Counties, portions of Boone, Grant and Pendleton Counties, and the Greater Cincinnati Northern Kentucky International Airport. A Kentucky native, Mr. Lovan earned both a Bachelor of Science and Master of Science in Civil Engineering from the University of Kentucky. He began his career with the Kentucky Water Pollution Control Commission in the 1970s. He worked previously with the National Clay Pipe Institute and worked in the consulting engineering business in Lexington, Kentucky. Prior to taking charge at NKWD, he spent 15 years as General Manager of a water/ wastewater utility serving the City of Thornton, Colorado, a large suburb of Denver.

National Drinking Water Week

The Northern Kentucky Water District (NKWD) opened its doors to the public Thursday, May 10, 2007 as it celebrated National Drinking Water Week and more than 100 years of serving customers in Northern Kentucky.

The NKWD celebration event coincided with National Drinking Water Week, sponsored by the American Water Works Association (AWWA). National Drinking Water Week helps educate the public on

the many benefits of clean drinking water, such as the benefits to public health, fire protection, economic development, and quality of life.

"A safe, reliable water supply is critical to the success of any community and we wanted to give people the chance to see how we make that happen every day," said Joe Koester, Chairman of the Board of Commissioners at NKWD. For more information about NKWD, visit www.nkywater.org

Upcoming Projects

Upcoming water main replacement projects that have already bid or will bid Fall 2007 include:

- 3 Mile Rd. from Bentwood Hills Drive to Gibson Lane and Gibson Lane from 3 Mile Road to Sun Rock Farm in Wilder.
- Licking Pike from Moock Road to Aspen Court in Wilder.

The following projects for new water mains are under design:

- Stonehouse Road from Nelson Road to Oneonta Road, Oneonta Road from Stonehouse Road to Washington Trace, and Washington Trace from Oneonta to Carthage Road in Carthage.
- Four Mile Road from Poplar Ridge Road to Nine Mile Road in Camp Springs.
- US 27 from Lickert Road to Riley Elementary School.

Northern Kentucky Water District



2835 Crescent Springs Road, Erlanger, KY 41018

The Board of Commissioners' meetings take place the third Thursday of every month at 12:30 pm.

Billing Questions:

859/578-9898

Public Service Commission Hotline:

1-800-772-4636

After Hours/Emergency Shut-off:

513/244-9016

Speaker Requests:

859/578-9898 (ext. 2077)

Bottling Requests:

859/578-9898 (ext. 2077)

U.S. EPA Safe Drinking Water Hotline:

1-800-426-4791

Abstinence Education

Keep Your Kids on the Right Track This School Year

Teaching your teens and pre-teens about sex

Be your child's loving authority on the subject of sex. Start early with informed honest answers that communicate your values in response to their natural curiosity. Be prepared with your answers before they ask the questions. Be the available expert on this subject throughout your child's life.

Be informed and up to date. Things really have changed since you were a teen. Parents today need to stay in touch with what is influencing their children: media in

all forms, hormones, peers, alcohol and other risk behaviors. Informed and current parents can help their teen make healthy choices.

Explain the risks. Today's young people need and want real reasons they should avoid harmful behavior. Parents need to educate themselves about the life altering consequences of early sexual behavior: pregnancy, STDs and emotional issues. Parents need to know the medical facts about the limitations of 'safe sex' practices.

Stress the rewards. Most sexually active teens wish they had

waited. Give your child positive reasons for waiting. Teens with short and long term goals are less likely to look for immediate gratification. Talk about the rewards of committed loving marriages.

Be present and stay committed. Teens report that parents are the greatest influence regarding their sexual decision making. So keep talking, listen a lot, be involved in their activities, get to know their friends and their families, establish reasonable rules and boundaries that protect your teen.

Build character and life skills. Teens need more than facts.

Instill the character, values and skills necessary to act on healthy information and resist negative influences. Teach goal setting, refusal skills and decision making. Build self confidence, responsibility and perseverance.

Your child is worth waiting for. Holding firm to this message empowers you to stay informed, stay connected and stay the course. When your teen believes they are worth waiting for they are empowered to take control of their lives, resist negative pressures, work toward personal goals and make healthy sexual choices.



THE BIG TALK

What: Free parenting equipping program covering STDs, teen pregnancy, emotional pressures and risk behaviors. All attendees will receive free resources.

When: September 24 or November 12, 7 - 9 pm

Where: St. Elizabeth Medical Center, Room M, Medical Village Dr., Edgewood (take elevator C to the 6th floor, follow signs to room M)

Presenters: New Hope Center's Abstinence Education Department

Don't miss another opportunity.

For more information call 859/ 341-2640

New Hope Center

New Hope Center's Abstinence Education Department

228 Thomas More Parkway • Crestview Hills, Ky 41017

859/341-2640

Major Election Coming Up This November!

Register, Vote and Be Counted!



On November 6 we will elect a new Governor and State officials. This is an extremely important election as those we elect will affect what happens in Kentucky and to you for the next 4 to 8 years.

In order to be eligible to vote on November 6 you must be registered to vote no later than October 8, 2007.

You can register at the County Clerk's office, the public libraries, or at State and Federal agency offices.

In order to register, you must be 18 years old by November 6, a U.S. citizen, a resident of Campbell County and not be a convicted felon.

If you are confined to your residence, or will be out of the

County during election hours or have moved to a warmer climate for the winter, you may be eligible to vote by ABSENTEE BALLOT. Contact the election office at (859) 292-3885 to see if you qualify.

Citizens who want to become poll workers for election day: Democrats please contact Blanch Schuh at 291-4969; Republicans contact Donna Herk at 441-6963.

The Clerk's office in Alexandria has moved to 8330 W. Main Street, Alexandria, Kentucky (the old Alexandria city building).

Campbell County Clerk

Jack Snodgrass Campbell County Clerk

Newport

340 York Street, Newport, KY 41071 Mon, 8:30 am-6 pm Tues-Fri, 8:30 am-4 pm*

> deeds: 859/292-3845 auto: 859/292-3850 voters: 859/292-3885 fax: 859/292-3887

Alexandria

8330 W. Main, Alexandria, KY 41071 M, T, W, F, 8:30 am-4 pm Thurs, 8:30 am-6 pm* 859/635-2151

*Both offices are open most Saturdays, 9 am-noon.

www.campbellcountykyclerk.org

Campbell County Adult Learning Centers

Thinking About Getting Your GED?

With Three Locations in Campbell County, It Might Be Easier Than You Think

Locations and Hours of Operation

Newport Adult Learning Center

30 West 8th Street, Newport M-T: 8 am - 8 pm; W-F: 8 am - 4 pm

Dayton Adult Learning Center

701 6th Ave., Dayton M & W: 8:30 am - 7 pm T, Th, & F: 8:30 am - 4 pm

Alexandria Adult Learning Center

8236 West Main St., Alexandria M & W: 11 am - 4 pm T & Th: 10 am - 3 pm Closed Friday New GED students must attend a new student orientation on Friday mornings at 9 am.

Call today and register!



Newport Adult Learning Center: 859/292-3056

Dayton Adult Learning Center: 859/581-2363

Other Classes, Volunteer Opportunities Offered

We also offer Parenting Classes, Baby & Me Classes, and are always looking for volunteers to assist in serving our community.

Parenting Classes

- Wednesdays, 11 am at the Newport Adult Learning Center
- Thursdays, 1 pm at the Dayton Adult Learning Center

Baby & Me Classes

For children birth to 36 months and a caregiver

• Mondays, 10 am at the Newport Adult Learning Center

All classes are FREE. You can visit www.myged.org for more information.

Call today and register!

Direct Supervision Facility Opens Ahead of Schedule

Campbell County Jailer Greg
Buckler and the Campbell Fiscal
Court are pleased to have opened
the new 256-bed addition of the
Campbell County Detention Center
on May 17, ahead of schedule. This
new facility is the first of its kind in
Kentucky and is termed a "direct
supervision" facility. Currently,
there are three dorms occupied by
inmates.

There are many positives with direct supervision, ranging from initial construction and continuing through long term operation. First, the construction costs are approximately one-third that of conventional construction. The dorms house 64 inmates who share a large common restroom and shower



The County's innovative new 256-bed "direct supervision" facility was less costly to construct and will be less expensive to maintain.

facility. Additionally, many items that are not typical corrections items are used in construction and are less expensive to purchase. Operationally, there are fewer deputies required to supervise larger numbers of inmates. One deputy is assigned to each dorm of 64 inmates per shift. Historically, jails would have assigned three or

more deputies for this number of inmates.

Direct supervision is based upon inmate behavior. To be allowed in one of these dorms, inmates are required to have a history of good behavior during previous incarcerations, current good behavior in this facility, be non-sexual offenders, and not be charged with a serious crime of violence. Inmates are also required to maintain their living space, do their own laundry and comply with more strenuous rules than in conventional jail settings. All of this results in less wear and tear on the physical structure of the facility.

Jailer Greg Buckler is excited about the innovative nature of the new facility. Buckler's ultimate goal with this style of facility is to reduce the daily costs of operation of the facility and to house more paying inmates from the state and federal systems thereby reducing the local tax dollars needed from the Fiscal Court to pay for operation of the facility.

Campbell County Fiscal Court

Northern Kentucky Regional Mental Health Court

The Campbell County Criminal Justice Commission (CJAC) and three NKU faculty members have been awarded a \$55,448 NKU University-Community Partnership Grant to begin building the structure of the Northern Kentucky Regional Mental Health Court. This grant will be used in conjunction with a \$5,000 grant awarded to Campbell County last year from the National Association of Counties.

The Campbell County CJAC, along with its state, regional and county partners, will work with NKU through this grant to begin to develop a unified screening instrument based upon a system of established criteria to be used by jailers, pretrial services, public defenders, probation, parole, judges and prosecutors

CJAC recognized
that a mental health
court should operate
regionally to best address
reccurring mental
health issues in all three
local jails.

to determine whether a defendant is a potential mental health court participant. This grant funding will also be used to train personnel on appropriate utilization of the unified screening instruments.

Founded by Judge/Executive Steve Pendery and Jailer Greg Buckler, the CJAC is a local collaborative committed to finding efficiencies in the criminal justice system and is comprised of local and state elected officials, judges, attorneys, law enforcement, county administrators and politicians, and other members of the criminal justice and social service systems. Mental health court was promoted by Chief District Judge Karen Thomas as one way to reduce recidivism and relieve an overburdened system while providing a needed service to the community.

"The Regional Mental Health Court is a unique collaboration in the Northern Kentucky area to assist individuals suffering from a mental illness," Pendery said. "We are happy to forge this partnership with NKU and commend their efforts in regional stewardship in this regard."

The University-Community
Partnership grant program partners

NKU faculty with various local and regional organizations to address significant issues facing the Greater Cincinnati region by researching, evaluating and resolving problems affecting the region. NKU President James Votruba said he is excited about the partnership and the continued impact of NKU's University-Community Partnership Grant Program. "Since the creation of the University-Community Partnership grant program in 2002, it has been a pleasure to see our faculty partner with community leaders to help address issues facing Northern Kentucky," Votruba said. "This grant is just the latest example of how our region can accomplish all that it aspires to if we work together."

Businesses Offer Discounts in September When Customers Show a Library Card

More than 50 businesses in
Northern Kentucky are offering a
variety of discounts Sept. 1-30 to
customers who present a library
card from Campbell, Boone, Kenton
or Grant County Public Libraries.
This collaboration among four
public library systems and Northern
Kentucky businesses is a communitywide effort to illustrate the importance of having and using a
library card, and to celebrate
National Library Card Sign-up
month in September.

If you haven't been to a library recently, you'll probably be surprised. Today, libraries are vibrant community centers, bustling with activity and sought out for their public computers, free wireless access, books, movies, music, computer software and video games. Each week, there are programs that are fun, educational, entertaining and designed

for all ages. The bespectacled gray-haired lady saying "shhhh" is a stereotype long in the past.

Pick up a brochure at your Library for participating businesses and get the complete list of discounts being offered. Visit your library and get a library card in September to take advantage of these business discounts!

Support these businesses in September and be rewarded with a discount when you show your library card. Pick up a brochure for details at participating businesses or at your local library.



Participating Businesses

Campbell County Bella on the Avenue

Bellevue Beadery Betsy Miglio Design Blue Marble Children's Bookstore Chan's Asian Wok Cobblestone Café Country Heart Florist & Gifts Galleries Together Kentucky Haus Artisan Center Kirkwood's Sweeper Shop Lunch, etc. Meters and Miles Pferrman Floors Salon 602 Snappy Tomato Pizza Sherwin-Williams Splendid Things Town & Country

Kenton County

Crescent Springs Hardware
Golden Corral
Kirkwood's Sweeper Shop
Mad Cup
Mia Bella Gourmet Scented Candles
Pottinger Photography
Pawsitively Perfect Grooming
Phil's Music, Books & More
Snappy Tomato Pizza
Swan Floral and Gift Shop
Walk-in-Closet

Boone County

Apna India Bourbon House & Pizzeria Braxton's Drycleaning Specialists Chan's Golden Wok Comic Book World Dreams Boutique El Mariachi Mexican Restaurant & Cantina Garzelli's of Florence Golden Corral Indulgence Salon Spa with Men's Shop Iet Coffee Drive Thru Kirkwood's Sweeper Shop Little Monkeys Inflatable Rentals Mai Thai (Thai Cuisine & Sushi Bar) PNC Bank Safety Services, Inc. Snappy Tomato Pizza Sherwin-Williams Soft Touch Car Wash Wildwood Inn

Grant County

Body Works Gym Edwardo's Pizza and Subs Grant County Oil Co. Happy Dragon Ivy Leaf Florist J Salon Pro Image Cleaners Quilt Box Radiant Fitness, LLC Reflections

Great Places to Volunteer!

The Campbell County Public Library offers Outreach Services to people who aren't able to come to the library themselves. Primarily used by senior citizens and patrons with long-term mobility issues, the program also serves short-term needs such as someone recuperating from surgery or a broken leg. Books, movies, music, magazines, audiobooks, software and even video games can be checked out and delivered to those who are homebound.

Book Buddies are volunteers who take the Library's materials to the homebound patron. Outreach Services Librarian Diane Katz said she tries to match the needs of the homebound patron with the Book Buddy volunteer.

"Some patrons like volunteers to stay and chat awhile. Some request monthly deliveries and others call when they're ready for new materials. Some people know exactly what they want to check out while others want us to make the selections," she said. "Frequently someone becomes a Book Buddy for a family member or friend, or someone they heard about at church, who can't get out much."

Anyone wanting to sign up for Homebound Services or to become a Book Buddy volunteer should call Diane at the Cold Spring Branch, at 859/781-6166, ext. 29.

Campbell County Public Library

Cold Spring Branch 3920 Alexandria Pike • 859/781-6166 **Carrico/Fort Thomas Branch**

1000 Highland Ave. • 859/572-5033 **Newport Branch** 901 E. Sixth St. • 859/572-5035

24-Hour Services: Circulation: 859/572-5041 Reference: www.askwhyky.org Storytelling: 859/572-5039 Hours at all three branches:

 $\begin{array}{lll} \mbox{Monday} - \mbox{Thursday} & \mbox{9 am-9 pm} \\ \mbox{Friday} & \mbox{9 am-7 pm} \\ \mbox{Saturday} & \mbox{9 am-5 pm} \\ \mbox{Sunday} & \mbox{1 pm-5 pm} \end{array}$



• PUBLIC LIBRARY •

Campbell County Cooperative Extension Service

COOPERATIVE EXTENSION SERVICE
University of Kentucky – College of Agriculture

Environmental Education Through the Cooperative Extension Service



Thirty students from Newport and Ft. Thomas established pizza gardens of tomatoes, peppers, and herbs that will be used to make pizzas later this year.

Did you know that the County Extension Agent for Natural Resources and Environmental Management helps schools and other youth groups establish outdoor classrooms and other areas for the study of the environment?

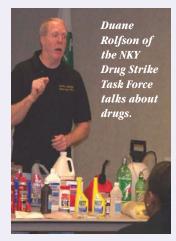
In 2006-2007, assistance was provided to Ft. Thomas Schools, Cline Elementary, Campbell County Middle School, and the Buenger Boys and Girls Club located in Newport. Help from the Cooperative Extension Service comes in all different forms.

- In Newport at the Boys and Girls Club and in Ft. Thomas at the Blue Marble bookstore, 30 students established pizza gardens of tomatoes, peppers, and herbs that will be used to make pizzas later this year.
- A new outdoor classroom was established at the Highlands Middle School with the help of the 50 gifted and talented students, the Campbell County Cooperative Extension Service, the school system administration, and a \$2175 grant from the Kentucky Division of Forestry.

- At the Campbell County Middle School, advice was provided on how to implement a \$1500 outdoor classroom grant that the school received.
- And for the students of Cline Elementary, 250 tree seedlings were provided for Arbor Day. Additionally, the horticulture and natural resources departments of the County Extension Service provided plant materials and support to 20 students and the advisors of a garden club to establish a fall garden. Advice was also provided on plants to utilize to further develop an outdoor classroom supported by a \$1500 state grant.

If you need help searching for and securing grants, determining the types of plants to use and where to find them, or figuring out how to integrate the environment into youth education, look no further than the Campbell County Cooperative Extension Service.

What's the Deal With Drugs in NKY?



Illegal drugs affect families. Drugs affect communities. Drugs affect economic development. Illegal drugs don't discriminate. They can affect the rich and poor. They cross ethnic borders. They affect adults and children.

Cooperative Extension Service in Boone, Campbell and Kenton counties helped more than 75 people understand the scope of the drug program in the area through a program "What's the Deal with Drugs in Northern Kentucky?" Speakers from the Northern Kentucky Drug Strike Task Force, North Key, and Transitions shared information with, and answered questions for, those attending the program. The goal of the effort was to increase the awareness of residents of the facts about illegal drug use and the challenges behind finding treatment in the immediate area.

Continued on inside

Kids in the Kitchen



cience skills are important for children to learn; however, it is sometimes difficult for kids to see how science helps them in their everyday lives. "Kids in the Kitchen" was created by the Campbell County Cooperative Extension 4-H program to show kids the science behind cooking. Everyday kitchen activities such as boiling eggs and using cheese and butter were explored from a science perspective. Using activities from the Fantastic Foods curriculum as well as some outside curricula, "Kids in the Kitchen" was created as a program for a parent or guardian to attend together with their child or children. The participants worked as teams to discover such information as why the yolks of eggs sometimes turn green when boiled, why fruits turn brown when cut and exposed to air, and how cheese is made. All adult and child participants indicated on a written evaluation that they learned something new at "Kids in the Kitchen." All of the participants also noted that they learned at least one new concept that they would use at home in the future.

Enabled Gardens

Since their installation, it has been the goal of the Campbell County Extension Service to use the raised beds in the Lakeside Commons Educational Gardens with a regularly scheduled garden group. The raised beds enable individuals with physical limitations to garden. Our beds are a source of community interest and have been used as models for nursing care facilities and hospitals in the area.

This summer we began a program which serves physically challenged adults from Active Day, an adult care facility in the county. Using the raised beds permits the wheelchair-bound individuals to easily reach the planting area. Participants plant, tend, harvest and enjoy all the produce they grow.

Fifteen individuals are brought to our garden monthly, accompanied by Active Day personnel. In the first session we got our hands dirty planting seeds of lettuce, radishes and onions. For some participants, it was the first time they had ever



attempted to grow anything. For others it was a return to an activity they believed they would never be physically able to do again. They were delighted when they came back and were able to harvest their crops and make a salad to enjoy. On a following visit some herbs had grown sufficiently to make pesto and dips to enjoy with freshly cut vegetables. Many commented they had forgotten how good fresh vegetables taste. We encourage our gardeners to take their fresh vegetables home with them to enjoy with family members. Each time they come to the gardens they ask for reassurance the program

will continue.

Working with Extension personnel are three dedicated Campbell County Master Gardeners who take a sincere interest in the program and participants. Their help allows us to maintain a ratio of one leader to every two participants. Active Day director, Leigh Ann Kramer, has told us the garden program is the most enjoyable activity they have on a consistent basis. Leigh Ann has stated that all participants' selfesteem has benefited greatly from this experience. "Many individuals thought they couldn't but now know they can."

Dennis Walter Receives Award



Campbell County farmer, wine grape grower and winemaker Dennis Walter was named Kentucky's Wine Grape Grower of the year in 2007. Dennis is not only an outstanding grower and entrepreneur but he and his family selflessly support the

industry in the county, the state, and nationally.

Stonebrook Winery in Camp Springs has already undergone two major expansions in its short history.

Extension Service Supports Certified Arborists

Certified arborists are tree care specialists dedicated to excellence in the field of arboriculture. They are highly qualified in the care of your valuable trees and shrubs. Certified arborists pass a comprehensive examination on tree care and continue their education to maintain their

certification. To support certification and continued education, the Boone, Kenton, and Campbell Cooperative Extension Services partnered with the Northern Kentucky Urban and Community Forestry Council, the Kentucky Arborists' Association, and the Kentucky Division of Forestry. In

the past three years, 136 local tree care professionals each participated in 48 hours of tree care training. To date, there are 15 new certified arborists in Northern Kentucky as a result of the program.

4-H Judging Contest

Participating in 4-H Judging Contests helps 4-H youth develop life skills that prepare them for careers and other aspects of adult life. Some of the skills include observation; simultaneous observation of multiple variables; analytical, critical and logical thinking; decision making as well as verbal communications when they give oral reasons to back up their decisions.

Campbell County 4-H'ers participated in the 2007 Kentucky 4-H Horse Judging Contest June 13 at the Kentucky Horse Park. For the contest, participants judged six classes of horses and gave oral reasons on two classes. Placings were determined by who judged the classes the same or closest to the official panel of judges and who did the best communicating their oral reasons as to why they



2007 Kentucky
4-H Horse Judging
Contest winners,
from left: Lauren
Steffen, Emily
Wietborn, Emma
Bierne, and
Iordan Neltner.

placed the classes the way they did. Campbell County youth excelling at the contest were:

- Lauren Steffen 2nd Place Senior Individual and member of the 2nd Place Overall team
- Emily Wiethorn Jackson Award for Overall Oral reasons and mem-

ber of the 2nd Place Overall team

- Emma Bierne 2nd Place Jr. Individual
- Jordan Neltner 7th Place Sr. Individual and member of the 2nd Place Overall team

Their coaches were Marylu Steffen and Amber Bankemper.

Horse Network Update

The Northern Kentucky Horse Network (NKHN) is off to a great start with 124 total members, of which 40 are from Campbell County. Campbell County is well represented on the NKHN Board of Directors with Anna Zinkhon as president, Linda Bray-Schafer as secretary and David Rust as treasurer. The following is a list of 2007 educational programs and activities of the NKHN:

• Hosted three NKHN kick-off meetings

- Supported "In KY, Horses Count Survey"
- Developed(ing) a NKY Equine mailing list
- NKHN Newsletter
- Developed: Communications, Finance, Events and Education Committees
- Horses From the Inside Out (equine health care program)
- Equine Pasture Walk (pasture management field day)
- NKHN Website: WWW.nkyhorsenetwork.com

See the next page under Agriculture for upcoming programs.

Special thanks to Tom and Helen Curry for hosting the Pasture Walk Program at their farm. An estimated 75 individuals attended this program.

Drugs in NKY, continued from cover of Annual Report

Participants saw what common drugs look like and learned that drug busts have happened in most every neighborhood, no matter the economic status. The mother of a boy who died of a heroin overdose shared her story during the sessions.

Comments made immediately after the program by those in attendance include: I learned a whole lot! There are more drugs in the local area than I thought; I learned that Kentucky is sixth in the nation for methamphetamine use; and I learned how important it

is to know what your children are doing.

Individuals attending the program are interested in learning more about what they can do in their neighborhoods to help and how to improve the availability of treatment facilities in the area.

Teen Conference



ampbell County received the Largest County Delegation award at the 2007 4-H Teen Conference held June 11-14 on the University of Kentucky campus. Sixteen teens and three adults attended the 4-day conference. Teens attending: Jessica Boesch, Chelsey Murray, Megan Farley, Jodi Heilman, Amy Frommeyer, Mary List, Jennifer Racke, Emily Fischer, Calista Sarakatsannis, Kristi Kruer, Zack Stultz, Joe Schultz, Jacob Schultz, John Cooper, Nathan Brugger, and Justin Fischesser. The chaperoning adults were: Emily Katt, Jeff Schultz, and Sherri Farley, 4-H Youth Development Agent. The teens participated in tracks, workshops, dances, assemblies, college visits and other activities. They also voted for the State 4-H officers and attended the State 4-H Fashion Show. Chelsey Murray performed a solo monologue during the variety show that was part of the fashion show. Emily Fischer was recognized as a semi-finalist in the fashion show with her Spanish flamenco costume that she constructed for her 4-H sewing project.

Family & Consumer **Sciences Programs**

At least eight participants required for each class to be held

Calendar of Programs and Events 2007-2008

The following is a partial list of upcoming programs of the Campbell County Extension Service. Unless indicated, all programs will be held at the Campbell County Extension office at 3500 Alexandria Pike, Highland Heights. The Campbell County Environmental Education Center (EEC) is located 1 mile east of US 27 on Route 824 or Race Track Road.

Pre-registration required for all programs by calling 859/572-2600.

Clutterbugs United Series. August 30, September 27, October 25, November 29, 2007 (No December class), and January 31, February 28, March 27, April 24, May 22, June 26, July 24, 2008

Teens on Wheels. September 13, 2007, 5-8:30 pm

Menopause Class. October 16, 2007, 6:30 pm

Holiday Treasures Program. November 15, 2007, 6:30 pm

Alzheimer's Class. February 28, 2008, 10 am

Migraine Headache Class. March 6, 2008, 6:30 pm

If the Shoe Fits ... Wear It! April 10, 2008, 6:30 pm

Natural Resources

Ouestions can be directed to DJ Scully at 859/572-2600 or djscully@uky.edu September 4-H Fall Environmental Day Camps. 9:30 am-1 pm, Campbell County Environmental Education Center Fall ISA Certified Arborist Training(s) and Examination. Details TBA

Shiitake Mushroom Production Workshop. Mid-late October. Campbell County Environmental Education Center. Details TBA

Horticulture Programs

Lawn Care for Homeowners. August 25, 9 am

Gardening 101: Gardening Tips for Beginners. September 13, 6:30 pm

Aliens in the Garden — Pests, Weeds, and Critters. October 25, 6:30 pm

Home for the Holidays. November 27, 6:30 pm

Agriculture Programs

Poisonous Plants, Weed Control in Pastures and Buying Horse Hay. August 27, 6:30 pm dinner, 7 pm program, Kenton County Extension office. For reservations call 356-3155.

Saddle Fitting and Chiropractic Clinic. October 20, 1 pm, Misty Ridge Farm

Ag Diversification Farm Tour. September 15, 2 - 8:30 pm. Tour locations TBA

Green Acres: Living and Farming on a Few Acres (7 program series), 7 pm: Tuesdays-Boone County Extension Office; Thursdays-Campbell County Environmental Education Center or Kenton County Extension office (Only need to attend one meeting per week at either location.) Program Schedule: October 16 or 18 - Evaluating Your Small Farm Acres and its Potential

October 23 or 25 - Barns, Tractors and Farm Supplies

October 30 or November 1- Pasture, Hay and Other Forage Crops

November 6 or 8 - Livestock Basics (cattle, sheep, goats)

November 13 or 15 - Livestock Basics (horses, poultry and other livestock)

November 27 or 29 - Fruits and Vegetables

December 4 or 6 - Pond, Woodland and Wildlife Management

Visit the Campbell **County Farmers'** Market!

Highland Heights/Alexandria/Newport **See Our Website for Details:** http://ces.ca.uky.edu/campbell

> Using Stockpiled Tall Fescue, Rye Grass and Standing Corn for Fall/Winter Pasture. October 6, 9 am. Location TBA Agriculture Program Planning Meeting. November 8, 6:30 pm meal, 7-9 pm meeting, Environmental Education Center Annie's Project (Women in Agriculture). Spring, 2008, Time and Location TBA

Equine Master Grazer Program (series). Tuesdays in February 2008, 7 pm

Campbell County Cooperative Extension Service

Hours: Mon-Fri, 8 am - 4:30 pm

3500 Alexandria Pike, Highland Heights, KY 41076 phone: (859) 572-2600 • fax: (859) 572-2619 • e-mail: ces-campbell@lsv.uky.edu

http://ces.ca.uky.edu/campbell

County Extension Agents

Ronda Rex. Family and Consumer Sciences Kate Vaught, Family and Consumer Sciences Don Sorrell, Agriculture and Natural Resources David K. Koester, Horticulture

Owen Prim, 4-H Youth Development Sherri Farley, 4-H Youth Development Emily Harmon, 4-H Youth Development DJ. Scully, Natural Resources and Environmental Management

COOPERATIVE EXTENSION SERVICE
University of Kentucky – College of Agriculture

County Extension Staff

Barb Heck, FCS Assistant Dolores Fink, Horticulture Technician Doris Meece, Horticulture Technician Joyce McDole, Secretary Marilyn Lauer, Secretary Linda Hanses, Secretary Diana Kasirosafar, Secretary

Campbell County Fiscal Court

2007 Important Dates!

Sept. 2

	Park. No weekend camping this season due to water line construction.
Sept. 3	Labor Day — All Fiscal Court Offices closed
Sept. 13-15	Campbell County Tire Amnesty at Kentucky State Highway Garage, 9615 Alexandria Pike. (See front cover for details.)
Sept. 19	40 th Annual Campbell County Senior Picnic for citizens over age 60 at Pendery Park in Melbourne

from 12 pm until 5 pm

Camping closes at A. J. Jolly

Oct. 28		A.J. Jolly Park closes for	
		season	
Oak	26 20	Eall Litter Abatement as	

26-28	Fall Litter Abatement and
	Cleanup from 8 am - 6 pm
	at the Campbell County
	Police Department,
	Pendery Park,
	and the Campbell County
	Transportation Center. (see
	cover)

Nov. 6	Election Day - All Fiscal Court Offices Closed
Nov. 22	Thanksgiving Day - All Fiscal

	Court Offices Closed
Nov. 23	Thanksgiving Holiday - All Fiscal Court Offices Closed

Nov. 25	Pendery Park, Beiting Sports Complex and Morscher Field close for season
,	

Dec. 24	Christmas Eve - All Fiscal
	Court Offices Closed
Dec. 25	Christmas Day - All Fiscal

Court Offices Closed

Dec. 31 New Year's Eve - All Fiscal
Court Offices Closed

Campbell County Fiscal Court



2007 Campbell County Fiscal Court

Left to right: Commissioner Mark T. Hayden, Judge/Executive Steve Pendery, Commissioner David E. Otto, and Commissioner Kenneth L. Rechtin

Administrative Offices

24 West Fourth Street Newport, KY 41071

phone: 859/292-3838 fax:

859/292-3888

Visit Our Web site! www.campbellcountyky.org

Campbell County Phone Directory

Fiscal Court Offices

County Judge/Executive	859/292-3838
County Commissioners	859/292-3838
Animal Shelter	859/635-2819
A.J. Jolly Golf Course	859/635-2106
Assistance Program	859/292-3819
Emergency Management	859/635-1111
Fiscal Affairs	859/292-3898
Housing	859/261-5200
Human Resources	859/292-3838
Lakeside Terrace	859/547-3670
Occupational License	859/292-3884
Parks and Recreation	859/547-3680
Planning and Zoning	859/292-3880
Police (Non-Emergency)	859/292-3622
Police (Administration)	859/547-3100
Senior Center	859/572-4300
Solid Waste/Blight	859/547-1815
Transportation	859/635-9100

County Offices

· · · · · · · · · · · · · · · · · · ·	
Circuit Clerk	859/292-6314
Circuit Clerk — Newport Driver's License	859/292-6311
Circuit Clerk — Alexandria Driver's License	859/635-5240
Circuit Court	859/292-6314
Commonwealth's Attorney	859/292-6490
County Attorney	859/491-5843
County Attorney — Child Support	
County Attorney — Criminal	
County Clerk – Alexandria	
County Clerk — Newport	
County Clerk — Auto Registration	
County Clerk – Titles and Tax Real Estate	
County Clerk — Voting, Marriage License	859/292-3885
County Coroner	
County Dispatch (Non-Emergency)	
County Jailer	
County Sheriff	
Detention Center	
District Court	859/292-6305
Master Commissioner	
Property Valuation Administrator	
1 '	

Campbell County Police Department



The Campbell County Police Department Honor Guard stood guard at the Northern Kentucky Police Memorial in Covington during the Northern Kentucky Police Memorial Service beld on May 18. The Memorial is on the yoke at 3rd and Court Street in Covington and bolds the names of 35 fallen officers from the Northern Kentucky area.

Citizen Academy Graduates Five

On July 5, five participants of the 2007 Campbell County Police Citizen Academy graduated from the program. The program is a 10-week course designed to teach citizens about the police department and criminal justice system at a local level. The class graduates included Gilbert Laycock, Bernie Heidelberg, Roy Usleaman, Chris Schulkens, and William Heck.

Officers Recognized

The Campbell County
Fiscal Court recognized Dennis
Lehmkuhl and Thomas Nitschke
for 10 and five years, respectively, of
service to the citizens of Campbell
County.

New Officers For 2007

The Campbell County Police Department is pleased to welcome three new officers to the department.

• Ryan Markus was hired as a Patrolman. Officer Markus has seven years prior experience and will be assigned to patrol.

- Eric Schmidt started with the police department in July as a patrolman. Eric will be bringing seven years' experience to the department and will also be assigned to patrol.
- William Armstrong has been hired to work at Campbell County High School as a School Resource Officer. Officer Armstrong retired as a Lieutenant from the Campbell County Police Department in early 2006 with 25 years experience. Officer Armstrong will work closely with the students and staff of the high school to help improve school safety and develop a solid, positive, and lasting relationship between police officers and the youth.

Senior Center News

The Campbell County Senior and Wellness Center has over 1000 seniors registered, has won two national awards for senior health and wellness programming and continues to be a popular destination for folk over 60 in Campbell County. The Center offers an array of activities including exercise, Tai Chi, Yoga, cookouts, arts and crafts, bingo,

card games, chair volleyball, corn hole, movies, and diabetes and other health-related meetings. The Center is open 8:30 am - 3 pm, Monday - Friday. Members must be 60+ years of age. There is no membership fee. For more information regarding programs offered at the Senior Center call 572-4300.

Senior Picnic: "Now and Then, A Celebration of 40 Years"

The Campbell County Fiscal Court is proud to sponsor the 40th Annual Senior Picnic for Senior Citizens 60 years of age and older, on September 19 at Pendery Park, Melbourne. The picnic begins at Noon on Wednesday. Pete Wagner's Band will provide the music throughout the day. Pre-sale tickets are \$6 and available Monday -Friday from 9 am - 3 pm at the Campbell County Senior Center, 3504 Alexandria Pike or at the Fiscal Court Administration Building, 24 W. 4th St., Newport. Tickets will be available at the gate for \$8.

Campbell County Historical Society

The Campbell County Historical Society is currently working on four projects including continuing two existing projects and embarking on two new endeavors. Citizens in the county are welcome to join the Historical Society in any or all of these pursuits.

• The Historical Society continues to research and survey historical cemetery and log cabin locations. Residents with knowledge about either of these structures in the county are encouraged to contact the Historical Society. Also, the Historical Society is interested in copying old photographs of log cabins in Campbell County.

• The Historical Society has begun to locate and record information about stone houses. While much research and documentation exists about stone houses in Camp Springs, recently more have been discovered in Alexandria. Please contact the Historical Society with information about any stone houses in Campbell County.

• Arcadia Press will release a new edition about Campbell County, Alexandria and surrounding communities. The Historical Society seeks copies of photographs of people, businesses, and homes in and around Alexandria for this edition.

As always, please contact the Historical Society at 635-6407 for more information. Visitors may stop by the historic Campbell County Courthouse on Main Street in Alexandria on Tuesdays 10 pm - 8 pm, Thursdays 10 am - 2 pm, and Saturdays 10 am - 2 pm.

Greetings From the PVA

Improved Mapping/GIS

This past year has once again been a great year for the office of the Campbell County Property Valuation Administrator. Through collaboration with Northern Kentucky Area Planning Commission, Sanitation District Number 1, Northern Kentucky Water District, and Campbell County Fiscal Court, the PVA office has been able to further improve and expand the GIS and mapping systems for the county. We are currently working on many projects to assist the county and the region in many areas, including emergency management, road management, soil and conservation management, as well as providing assistance to the area police departments. Through these efforts, we are helping to make Campbell County and Northern Kentucky a better area in which to live. Visit www.linkgis.org for more information on the area GIS and what it is doing for the region.

> John Dunn, Jr., Campbell County Sheriff 330 York Street . Newport, KY 4107

Tax Bill Time in **Campbell County Is Fast** Approaching.

The tax bills will be mailed by the Campbell County Sheriff's office at the end of October. If you do not receive a tax bill by the end of the first week of November, please contact the Sheriff's office to request a duplicate bill be sent.

The county tax bills will be mailed to the current owner of the property at the time of printing. If you have questions about your city tax bill, please contact your city office. If you receive a tax bill on a property which you have recently sold, please forward the tax bill to the new owner. If your taxes are paid through an escrow company, please forward your tax bill to the company. If you have any questions or problems concerning your assessment, your address, or any exemptions on your tax bills, please contact my office.

The Homestead Exemption and What It Means to You

Happy birthday wishes to everyone who will turn 65 this year — you might receive a gift you didn't know about. You may now qualify for the Homestead Exemption.

The Homestead Exemption deducts \$31,400 from your property assessment before the tax rates are applied to calculate your tax bill. Please come in or contact our office to apply for the exemption. The state only grants one exemption per property. Our office will need a copy of your driver's license or proof of age to apply the exemption. You need only apply with the

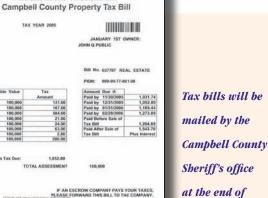
In addition to flowers when you turn 65, you might receive a gift in the form of a Homestead Exemption.

PVA office to gain the exemption for the county and city.

The Property Valuation Administrator's Office is here to serve the citizens of Campbell County. My staff and I strive to provide the best customer service possible. Please feel free to contact our office with any comments or suggestions.



Campbell County PVA



October.



Daniel Braun, Administrator Campbell County Courthouse 330 York Street, Newport, Kentucky 41071

phone: 859/292-3871 fax: 859/292-0353

email: dbraun@campbellcountyky.org

www.campbellcountykypva.org

office hours: Monday–Friday, 8:30 am - 4:15 pm* (*additional hours for motor vehicle questions: first and last Monday of each month, 4 - 6 pm; first and last Saturday of each month 9 am - noon)

Mailing Address: The PVA office maintains the current owner's name and mailing address for all property. If you have any changes in your mailing address, please call 859/292-3871, email dbraun@campbellcountyky.org, or fax 859/292-0353.

B

Cold Spring Offers Streamlined Building Review

The Kentucky Office of Housing, Buildings, and Construction granted the City of Cold Spring's recent request for expanded building jurisdiction. As of July 1, Area Planning Commission staff is pursuing plan reviews and inspection responsibilities on behalf of the state within the county's fastest-growing city. "This approval allows the city, through Area Planning, to oversee larger projects and to speed up the process," explained John Lauber, NKAPC's deputy director for building codes administration.

In the past, when the occupancy of a business or restaurant exceeded 100 people, applicants would have to pursue their permits through Frankfort which can take upwards "This approval allows the city, through Area Planning, to oversee larger projects and to speed up the process."

> -John Lauber, NKAPC deputy director for building codes administration

of eight weeks," he said. Shortening permit time isn't the only benefit. "If applicants have questions, they'll get immediate responses rather than having to go through Frankfort," said Lauber.

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The expanded jurisdiction also provides NKAPC with a more global review responsibility with regard to zoning regulations. "When state inspectors finalize a project, they don't look at zoning issues before they sign

the certificate of occupancy. Parking spaces, required landscaping, and other provisions aren't addressed," said Lauber. "The state inspector isn't concerned about those things; we are. We look at those issues and other conditions imposed by the planning commission before we sign off."

"This was a logical step for us to take," said Cold Spring Mayor Mark Stoeber. "We want our response to building permits to be quick and professional and NKAPC has shown that it's able meet those goals. It already provided the full complement of planning and development-related services to the City." Under the new jurisdiction, the only projects NKAPC will not be able to pursue are

high-hazard facilities or anything that falls under the institutional use group (hospitals or other facilities licensed by the state).

"This will shorten the time line for development review," said Lauber. "We're looking forward to providing this service."

No. KY Area Planning Commission

2332 Royal Drive, Fort Mitchell, KY 41017 859/331-8980

www.nkapc.org



Campbell County Community Media

Keeping in Touch With Your Community

Campbell County Community Media (CCCM) keeps you in touch with your community. CCCM brings you true local programming, great educational tools, and so much fun. As you scan through the cable channel lineup, have you come across programming containing your friends, neighbors, local elected officials and maybe even family members? Perhaps you have heard the name or even read an announcement of an event that interested you on the Community Bulletin Board posted on our channels. CCCM brings you local government in action through our coverage of city council and planning commission meetings, Fiscal Court meetings and many of the great activities taking place in your neighborhoods. The

Media Center allows local churches to reach a greater audience through the video production of the church services. CCCM hosts field trips for schools, scout troops, senior groups and other interested organizations. Take advantage of the wonderful opportunity available to you and your neighbors. Cameras, professional production studio, sophisticated editing system, endless special effects and so much more ... all offered to you at NO COST! We not only provide the equipment to use; we will personally train you, one-on-one, on how to use it. Training classes are available by appointment with flexible schedules to meet your needs. Let your creative side come alive. The possibilities are endless. Internship programs are also available. Do you

participate or work with a nonprofit organization servicing Campbell County and do you want to spread community awareness? Maybe you are just looking for a fun hobby. We will gladly assist you with ideas. We also have current program producers you could assist. Give us an opportunity to share the fun and truly effective means of educating and entertaining the community.



Recently Girl Scout Troop 281 from the Alexandria Service Unit toured CCCM and produced a music video.

Campbell County Community Media

10 Hilltop Drive, Highland Heights, KY 41076 **Ph:** 859/781-3495 • **Fax:** 859/781-3501

Office Hours:

Mon., Tues., Fri.: 10 am - 9 pm

Wed.: 10 am - 6 pm Thurs.: 10 am - 8 pm Sat.: 10 am - 3 pm



Don't Let the Bed Bugs Bite!

An unwelcome guest has recently reappeared in Northern Kentucky: bed bugs. The insects were thought to be eliminated from the United States, but due to increased international travel, bed bugs are being found in American homes, apartment complexes, nursing homes and hotels — including some in Northern Kentucky.

Bed bugs are typically found in luggage, clothing, bedding and furniture. They can live in almost any crevice or protected location, including mattresses, box springs, bed frames and couches. Bed bug infestations are common in places where people come and go frequently, such as hotels, motels, dormitories, shelters, apartment complexes and prisons.

The nocturnal insects are about one-fourth of an inch long, and generally are brown or reddish brown in color. They can be seen with the naked eye. Other signs of bed bug infestation include rusty or red spots of blood on bed sheets, mattresses or walls.

Bed bugs do actually bite, as they feed on human blood. If you notice the appearance of small, swollen white welts on areas of exposed skin, like the face, neck, shoulders or arms, you may have bed bugs. The amount of blood loss with bed bug bites is minimal, and fortunately, bed bugs do not carry diseases. The only medical concern from bed bugs is irritation and itching at the site of the bite.

Once bed bugs have infested an area, treatment by a professional exterminator is necessary. However, you can prevent bed bug infestation in the first place:

- When you travel, examine the bed sheets and mattress for signs of bed bugs, and then sleep elsewhere if you suspect infestation.
- Also when you travel, make sure to keep your suitcase off of the floor.
- Don't use a secondhand bed, mattress, box spring, couch or furniture if you don't know where it came from.

For more information on bed bugs, please visit our Web site at www.nkyhealth.org or call the Health Department's Environmental Health and Safety office at 859/341-4151.



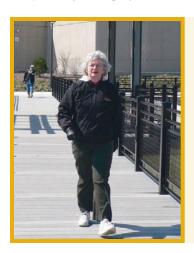
Bed bugs are small
—usually about onefourth of an inch long,
but can be seen with the
naked eye. (Photo courtesy
of Michael Potter,
University of Kentucky)

Lose Weight, Stay Healthy by Going OFF Your Diet

A new session of the OFF Program, a weight loss plan for women sponsored by the Health Department, begins on Thursday, September 13. OFF, which stands for Outsmarting Female Fat, is specially designed for women who want to lose weight by making long-term lifestyle changes. The program is led by Registered Dietitians from the Health Department and deals with all aspects of weight control, healthy eating and exercise.

OFF sessions will be held from 5:30 to 7:30 pm on Thursdays from September 13 to November 15 at the Boone County Health Center, 7505 Burlington Pike, Florence, Ky. Participants will be asked to pay \$20 to help cover the cost of materials.

To register online for OFF, please go to www.nkyhealth.org, and click on Current Programs. For more information or to register by phone, please call Monica Smith, RD, at 859/363-2114; or Ann Miller, RD, at 859/363-2060, ext. 2309.



Walktober

This October, the Health Department and its partners in Boone, Campbell, Grant and Kenton counties are challenging Northern Kentucky residents to go for a walk. Each county will have a challenge during October as part of Walktober, a national campaign to inspire individuals to make walking a priority. The free program will include a kick-off celebration, scorecards to keep track of your walks and prizes. Check the Health Department's Web site, www.nkyhealth.org, for details soon about the kick-off events. For more information, please call the Health Department at 859/578-7660.

Northern Kentucky Health Department

Campbell County Health Center

12 East 5th Street Newport, KY 41071 ph: 859/431-1704 fax: 859/655-6386

District Administrative Office

610 Medical Village Dr. Edgewood, KY 41017 phone: 859/341-4264 fax: 859/578-3689

www.nkyhealth.org



St. Luke Heart Services

Both St. Luke Hospital West and St. Luke Hospital East offer inpatient cardiology programs with dedicated intensivists who are specially trained to care for critically ill patients. To prevent and treat heart problems,

- St. Luke also offers the:
 - Congestive Heart Failure Clinic
 - Anticoagulation Clinic
 - Cardiac risk reduction exercise programs
 - Nutrition counseling
 - Cardiac rehabilitation
 - Blood pressure and cholesterol screenings for the community
 - Community education and resources

First-Rate Cardiac Rehabilitation Program

St. Luke cares for your patients from diagnosis to rehabilitation with a program certified by the American Association of Cardiovascular and Pulmonary Rehabilitation. To ensure long-term heart health, we offer a combination of exercise therapy, lifestyle changes, education and emotional support. We were the first to offer such programs in Northern Kentucky, beginning in 1985. St. Luke also began Northern Kentucky's first outpatient heart care clinic.

A Leader in Advancing Heart Care

The St. Luke Hospitals have lead the way in implementing some of the latest cardiac treatments, including providing Northern Kentucky with the:

- First echocardiogram
- First coronary care unit
- First myocardial pacemaker
- First to provide a cardiac rehabilitation program
- First Regional Vascular Institute of its kind
- Women's heart screening program, which allows for early diagnosis of the leading cause of death for women.

St. Luke NKCAC Receives \$1 Million Grant From Governor's Office

Governor Ernie Fletcher visited St. Luke West July 26 to announce a \$1 million dollar grant for the Northern Kentucky Children's Advocacy Center (NKCAC) of The St. Luke Hospitals. These funds will be used to build a new center on the campus of St. Luke Hospital West in Florence.

The NKCAC, currently in Bellevue, provides services to children who have been physically and/or sexually abused, children who have witnessed violent crimes, non-offending caregivers, siblings, family members and the professionals who serve these victims throughout the Northern Kentucky Area Development District.

Last year there were 1,632 children in Northern Kentucky investigated for child abuse or neglect, and the demand is increasing, according to Vickie Henderson, coordinator for the NKCAC.

"The NKCAC provides such a vital service to the community," said Nancy Barone Kremer, senior

vice president of The St. Luke Hospitals. "This grant will help the children with vital and comprehensive services, and provides essential funds to begin building the new facility."

"This grant will help the children with vital and comprehensive services, and provides essential funds to begin building the new facility."

-Nancy Barone Kremer Senior vice president, The St. Luke Hospitals

The approximate cost for the 5,000 square foot building is \$1.5 million dollars. The remaining money for the facility is coming from fundraising activities organized by the St. Luke Community Foundation. If you would like to participate in fundraising activities or make a donation to the NKCAC building campaign, please contact Janice Way at 859/572-2406.

The St. Luke Hospitals

St. Luke Hospitals

St. Luke Hospital East 85 North Grand Avenue Fort Thomas, KY 41075

St. Luke Hospital West 7380 Turfway Road Florence. KY 41042

The St. Luke Hospitals Are Given the Energy Star Award

St. Luke Hospital East has been awarded the Environmental Protection Agency (EPA) Energy Star award for integrating energy management into their business practices and for providing a model of excellence for other organizations to follow. This special award is only given to less than three percent of all hospitals within the United States Energy Star destination.

"The St. Luke Hospitals strive for excellence in all areas. The EPA Energy Star award is a direct indicator of the efforts that go into operating an energy efficient hospital facility," said Michael Kuechenmeister, who will be accepting the award on behalf of The St. Luke Hospitals at the annual American Society for Health Care Engineering (ASHE) meeting in New Orleans.

The St. Luke Hospitals have been moving towards installing energy efficient equipment and lighting systems. "Most recently, the hospital has embarked on replacing the current exit signage with energy-efficient exit signage," explains Kuechenmeister, "that will reduce electrical consumption and provide better illumination."

The EPA started the Energy Star program in 1992 as a voluntary market-based partnership to reduce greenhouse gas emissions through increased energy efficiency. Today more than 9,000 organizations participate in the Energy Star program, offering businesses and consumers energy-efficient solutions to save energy, money and protect the envi-

ronment for future generations.

The EPA's Energy Star program can be recognized by most people as the blue star logo on consumer products. However, the EPA also recognizes entire office buildings with the coveted symbol for top-tier energy efficiency. The Energy Star label for buildings — the mark of excellence in energy performance — was created in 1999 to promote strategic energy management and environmental responsibility.

The St. Luke Hospitals: Recognized for Quality Services

The St. Luke Hospitals have received recognition from local, regional and national institutions for their commitment to quality and patient-centered care.

Recent Recognition



Certified
Primary
Stroke
Centers

By the Joint Commission on the Accreditation of Healthcare Organizations



The Tristate Surgical Weight Loss Center at St. Luke

Designated a Center of Excellence for Bariatric (Weight Loss) Surgery



The St. Luke Regional Vascular Institute

Accredited by the

Intersocietal Commission for the Accreditation of Vascular Laboratories

The St. Luke Center for Adolescent Health

Received special recognition from the Snowmass Institute for Innovation in Women's Health

Women's Health Services

The most comprehensive in Northern Kentucky

Recent Awards

Energy Star Award

From the Environmental
Protection Agency
For integrating energy management into business practices and for providing a model of excellence for other organizations to follow (St. Luke East)

Hospital Quality Improvement Award of Excellence

From Health Care Excel
For commitment to quality in the clinical topic of pneumonia from Medicare quality improvement organization for Kentucky

Campaign Mentor Hospital

From the Institute for Healthcare Improvement (IHI) For efforts with Rapid Response Teams and the national 100,000 Lives Campaign

Successful Practice Award -Central Region

From Anthem

Outstanding Display of Diversity in the Workplace

Recognized by the Bowles Center for Diversity Outreach

How Much Is That Doggy in the Window?

Important Information About the County Animal Shelter

Contact Information

1989 Poplar Ridge Road Camp Springs, KY 41059 **Phone:** (859) 635-2819 Fax: (859) 635-3594 On the Web:

www.campbellcountyky.org, click on County Services and then Animal Shelter. Pets available for adoption can be viewed by clicking on the Petfinder.com information.

Hours

10 am - 4:30 pm, Monday-Friday., 9 am - 1 pm, Saturday

Cost

Dog Adoption: \$70 Cat Adoption: \$45

Latest News

2007 Campbell County Dog Licenses were due July 1, 2007. Licenses are available at the Animal Shelter or the Fiscal Court Administration Building, 24 W. Fourth Street, Newport, KY. In Campbell County, all dogs older than six months must have a current license.

Please be sure to drop your recyclable paper goods off at the Abitibi dumpster located in the Animal Shelter parking lot. The Animal Shelter receives contributions for the paper goods citizens recycle. The dumpster is accessible 24 hours a day every day. Residents can drop off newspapers, magazines, catalogs, junk mail, envelopes, and most paper products.

The Animal Shelter, Wal-Mart. and Purina are partnering to find homes for all homeless pets in Campbell County. In an effort to increase adoptions, the Animal Shelter will post pictures of pets every week at the end of the pet aisle in the Alexandria Wal-Mart.

The Animal Shelter is currently accepting applications for volunteers to walk dogs, groom animals, assist citizens as they select new pets, and participate in pet therapy. Please call the shelter for more information or download a volunteer application from the shelter website. Volunteers must be at least 18 years of age.

What You Should Know

- All adoptions include a free veterinarian check-up, a first set of shots and worming, and a rabies voucher. Dogs also are micro chipped and receive heartworm testing. All adopted cats and kittens receive feline leukemia testing.
- Dog adoptions must also include the purchase of a county license/tag for \$5.
- All animals adopted from the Campbell County Animal Shelter must be spayed or neutered.
- To help return lost pets to their owners, all animals should wear proper identification at all times, such as a county tag, rabies tag, city tag, and a simple identification tag.
- Dogs are prohibited from running at large in any part of Campbell County.
- The Animal Shelter accepts donations of food, treats, toys, paper towels, bleach, and other supplies year round. Please call the Animal Shelter for more information.

Animal Complaints

During the warm months of spring through early fall, the police department receives many calls about dogs that bark loudly and/or frequently and disturb neighbors. During warmer weather, it is more likely that residents have their windows opened and are alert to hear outside noises. County Ordinance 90.04 states that no person shall harbor or keep a dog, which by loud or frequent barking, howling, or yelping, causes an annoyance or disturbance to another person in the vicinity so as to hear said barking, howling, or yelping. The police department asks for consid-

eration and cooperation

from dog owners to take care of their animals and keep them under control so that they don't cause a disturbance.

www.campbellcountyky.org

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Rivertown Communications LLC 6 Bat Cave Court • Covington, KY 41015

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